

ACPA 2021 VIRTUAL CONFERENCE

Saturday April 17th, 10 AM- 6 PM EST



MEET THE SPEAKERS:

Topic: Cultural Humility and Implicit Bias in Healthcare

Dr. Sayida Peprah is both a licensed clinical psychologist and birth doula with specialty in multicultural psychology, trauma, suicide prevention and maternal mental health. Dr. Sayida earned her Doctorate in Clinical Psychology, with a Multicultural Clinical-Community Emphasis, from the California School of Professional Psychology, at Alliant International University. She completed her undergraduate studies in Psychology and Religion at Spelman College.

Dr. Sayida's study and work strongly emphasize multicultural awareness and in an effort to further this, she has traveled to Ghana, Mexico, Egypt and India, studying mental health approaches, indigenous culture and local spiritual traditions. Dr. Sayida is the Founder and Executive Director of the nonprofit organization Diversity Uplifts, Inc., through which she regularly offers cultural competency, mental health and maternal mental health trainings and consultations throughout the US. In 2014, she was a featured speaker at the United Nations 65th NGO Conference on the topic of Mental Illness, An Invisible Disability.

Dr. Sayida's work in maternal health include serving as a doula trainer/mentor, maternal mental health and cultural competency consultant for perinatal health programs in Southern California (Frontline Doulas, Sankofa Birthworkers Collective). Dr. Sayida is also an active member of the Black Women Birthing Justice Collective and a Collaborator with the Black Mamas Matter Alliance, promoting research, education and community-based services to positively transform birthing experiences of black families. Dr. Sayida has served and continues to serve on advisory committees to improve maternal health including the California Maternal Quality Care Collaborative (Maternal Suicide Review Committee 2018-2019 & Maternal Mortality Review Committee 2020- Present), Perinatal Equity Initiative Committees of San Bernardino and Riverside County (2019- Present), and others aimed at identifying key risks and opportunities for quality improvement and prevention around disparities. She is dedicated to contributing her expertise to uplift the community and improve the effectiveness of health care and social support services.



Dr. Sayida Peprah

Psychologist ~ Public Speaker ~ Consultant